

# Rheological properties and structure modification in liquid and gel of tilapia skin gelatin by the addition of low acyl gellan

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## ARTICLE INFO

### Keywords:

Fish gelatin  
Confocal laser scanning microscopy  
Rheology  
Microstructure  
Texture  
Polysaccharide

## ABSTRACT

Fish gelatin (FG) was modified by low acyl gellan (Ge) to produce a replacer for pork gelatin (PG). Increasing mixing ratio of Ge:FG (w/w) modified rheological properties and structure of FG progressively. The largest of FG-Ge complex coacervates ( $1775 \pm 593$  nm) formed at Ge:FG (w/w) of 7.5:92.5, driven by electrostatic interaction between FG and Ge. However, the network density was reduced by the formation of large complex coacervates (fractal dimension,  $d_f$   $2.45 \pm 0.01$  in FG-Ge vs.  $2.48 \pm 0.00$  in FG). The non-interacting FG re-associated to a greater extent into triple helix (helix/coil ratio,  $3.10 \pm 0.93$  in FG-Ge vs.  $0.58 \pm 0.07$  in FG), therefore increased the rigidity of the gel. The mixed gel was stronger and more stable, with lower compliances ( $J_0$ ,  $J_{m1}$ ) and a higher melting temperature ( $T_m$ ) than FG. The mixed gel at a Ge:FG (w/w) of 1:99 had similar rheological properties to PG. A schematic model was proposed to illustrate the progressive modification of FG by Ge.

## 1. Introduction

Fish gelatin (FG) is a potential mammalian gelatin replacer that is more religiously acceptable than beef gelatin (BG) or pork gelatin (PG) (Feng, Bansal, & Yang, 2016; Feng, Fu, & Yang, 2017; Feng, Ng, Mikš-Krajník, & Yang, 2017). Muslims will account for 29.7% of the world's population by 2050 (Desilver & Masci, 2017); however, the current gelatin market is dominated (> 98%) by PG and BG (Sow et al., 2017). One of the major limitations of FG compared with mammalian gelatin is the difference in rheological properties (Mohtar, Perera, Quek, & Hemar, 2013; Pang, Deeth, Yang, Prakash, & Bansal, 2017). The proline and hydroxyproline contents in tilapia FG are about 11% lower than pork gelatin (Zhou, Mulvaney, & Regenstein, 2006), thus the gel has lower strength, gelling and melting temperature ( $T_g$  and  $T_m$ , respectively) (Haug, Draget, & Smidsrød, 2004).

Gellan is produced by *Sphingomonas elodea*, and the structure of deacylated gellan consists of repeating tetrasaccharide with one negatively charged  $\text{COO}^-$  group on glucuronic acid (Morris, Nishinari, & Rinaudo, 2012). Gelation of gellan involves the formation of a double helix and the subsequent aggregation of the double helices, which is ion sensitive (Hu, Lu, Zhao, & Matsukawa, 2017).

Mixing of low acyl gellan (Ge) and gelatin has been explored, and combinations of gelling agents could provide desirable textures or

perform protein-polysaccharide interactions (Banerjee & Bhattacharya, 2011). Papageorgiou, Kasapis, and Richardson (1994) reported synergistic enhancement of the physical properties of a binary gel of Ge-PG, with the continuous phase transition from Ge into PG when the PG:Ge > 5.0:0.5. Lau, Tang, and Paulson (2000, 2001) mixed Ge (1.6–2%, w/v) and BG (0–1.4%, w/v) and  $\text{CaCl}_2$  (0–30 mM), and observed that the hardness, gelation rate,  $T_g$ , and turbidity increased with increasing Ge. Lee et al. (2003); Lee, Shim, and Lee (2004) mixed PG (0.2–1.6%, w/v) and Ge (2–0.2%, w/v), and noted that the gel with 0.4% PG and 0.6% Ge had the maximum hardness. Ikeda and Henry (2016) suggested that 6.025% (w/w) type A gelatin and 0.075% (w/w) Ge could mimic the texture characteristic of 7.1% (w/w) gelatin gummy confection.

As for the effect of mixing FG and Ge, Pranoto, Lee, and Park (2007) prepared a film of Ge-FG (2 g Ge/100 g FG) with improved  $T_m$ , and tensile strength. Previously, we reported that mixtures of 6.67% (w/v) FG-0.1% (w/v) Ge and 20 mM  $\text{CaCl}_2$  or 5.925% FG-0.025% Ge and 3 mM  $\text{CaCl}_2$  mimicked the  $T_m$  and texture of 6.67% (w/v) BG and 6% (w/v) PG, respectively (Sow et al., 2017; Sow, Kong, & Yang, 2018b). Similarly, Petcharat and Benjakul (2017) reported mixing of Ge and FG to improve gel strength, hardness,  $T_m$ , and  $T_g$  without an adverse sensory effect at 0.167% of Ge in a 6.67% (w/v) gel.

The aim of the current research was to characterise the rheological

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<https://doi.org/10.1016/j.foodhyd.2018.12.006>

Received 2 August 2018; Received in revised form 29 November 2018; Accepted 4 December 2018

Available online 05 December 2018

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properties of Ge-FG blends in terms of the gelling mechanism, mechanical strength, and stability of the gel under different temperature, frequencies and shear stresses. The application of a Ge-FG blend as a mammalian gelatin replacer cannot be confirmed without the rheological characterisation. In contrast to previous studies in which Ge was used as a major component of the blend (Lau et al., 2000; Lee et al., 2003), the ratio of Ge:FG in this study was capped at 20:80, to avoid over modification of FG. The Winter-Chambon scaling law was applied for the first time to investigate the gelling mechanism of Ge-FG gels (Yang, Yang, & Yang, 2018b), while Burgers model coupled with a creep-recovery test quantified the response of the gels to constant stress (Sow, Chong, Liao, & Yang, 2018a). Together with the interaction and structural analysis, a complete picture of Ge as mammalian gelatin replacer was obtained.

## 2. Materials and methods

### 2.1. Materials

PG (240 Bloom) was purchased from Chengdu Classic Gelatin Co. Ltd (Chengdu, Sichuan, China) and the tilapia skin gelatin (FG) (180 Bloom) was purchased from Jiangxi Cosen Biology Co., Ltd (Yingtian, Jiangxi, China). Low acyl gellan (Ge) was supplied from FMC Health and Nutrition (Philadelphia, PA, USA). The ion contents (Na, Ca, and K) and the viscosity-averaged molecular weight ( $M_v$ ) was previously analysed and reported in Sow et al. (2018b). Rhodamine B, fluorescein isothiocyanate (FITC), and dimethyl sulphoxide (DMSO) were obtained from Merck KGaA (Darmstadt, Germany).

### 2.2. Sample preparation

A series of FG-Ge mixtures and the control samples of FG, PG, and Ge in both liquid (0.5%, w/v) and gel (6.67%, w/v; 2% (w/v) for Ge) forms were prepared according to Table 1. The preparation procedure was described in Sow et al. (2018a) with slight modification. Briefly, dried FG was soaked in deionised (DI) water for 2 h and heated to 65 °C until dissolved, while Ge was separately heated and stirred in 90 °C DI water until dissolved. The solutions were then mixed for 30 min at 85 °C according to the Ge:FG (w/w) ratios shown in Table 1. The samples had a pH of about 6.01–6.22, which was below the isoelectric point (pI) of FG (pH 7.52).

### 2.3. Turbidity

Liquid samples (0.5%, w/v) were cooled from 85 to 25 °C.

**Table 1**

Formulation of fish gelatin (FG) and gellan (Ge) mixtures (FGe) used in the experiments.

Sample	Mixing ratio (w/w)		Actual concentration at 0.5% (%, w/v)		Actual concentration at 6.67% (%, w/v)	
	FG	Ge	FG	Ge	FG	Ge
FG	100.00	0.00	0.50000	0.00000	6.670	0.000
FGe1	99.75	0.25	0.49875	0.00125	–	–
FGe2	99.50	0.50	0.49750	0.00250	6.630	0.033
FGe3	99.25	0.75	0.49625	0.00375	–	–
FGe4	99.00	1.00	0.49500	0.00500	6.600	0.067
FGe5	97.50	2.50	0.48750	0.01250	6.500	0.167
FGe6	95.00	5.00	0.47500	0.02500	–	–
FGe7	92.50	7.50	0.46250	0.03750	6.167	0.500
FGe8	90.00	10.00	0.45000	0.05000	–	–
FGe9	80.00	20.00	0.40000	0.10000	5.333	1.333
Ge	0.00	100.00	0.00000	0.50000	0.000	2.000 <sup>#</sup>

<sup>#</sup>Ge was prepared at 2% (w/v) instead of 6.67% (w/v), as it is difficult to dissolve a high concentration of gellan.

Measurement of absorbance at 600 nm was performed using a UV-1700 spectrophotometer (Shimadzu Corporation, Kyoto, Japan), turbidity ( $\tau$ ) was reported according to the following equation,

$$\tau = -\left(\frac{1}{L}\right) \ln\left(\frac{I}{I_0}\right) \quad (1)$$

where  $L$  is the length of the optical path (cm),  $I$  is the transmitted radiation intensity, and  $I_0$  is the incident radiation intensity (Sow et al., 2017).

### 2.4. Particle size and zeta potential

To ensure the samples were within the count rate limit, liquid samples (0.5%, w/v) were diluted with hot DI water to 0.01% (w/v) before cooling to 25 °C. A NanoBrook Omni Particle Size and Zeta Potential analyzer (Brookhaven Instruments, NY, USA) was used to perform dynamic light scattering (DLS) and phase analysis light scattering to determine the particle size and zeta potential, respectively (Sow et al., 2017).

### 2.5. Confocal laser scanning microscopy (CLSM)

Rhodamine B was selected to label FG and FITC was used to label Ge as described in Sow et al. (2018b) and Feng, Hang, Zhou, Liu, and Yang (2018). FG and Ge stock solutions were prepared and adjusted to pH 10.5 and 8.5, respectively. Fluorescent dye (25  $\mu$ L) in DMSO (2%, w/v) was added to 100 mL of stock solution and stirred for 90 min at 85 °C, and re-adjusted to the original pH before mixing of FG and Ge. A cover glass slide (0.13–0.16 mm thickness) was used for liquid (0.5%, w/v) (20  $\mu$ L), while a cuvette with thin glass bottom was used to contain the gel (6.67%, w/v) (0.3 mL). The samples were stored under lightproof conditions overnight at  $4 \pm 2$  °C, then analysed by an Olympus confocal scanning unit (Fluoview FV 1000, Tokyo, Japan) equipped argon ion and Helium–Neon (HeNe) lasers. The images captured were at 60 $\times$  magnification (PlanApo 60 $\times$ /1.0 WLSM 0.17) with water immersion. Fluoview software (Olympus, Tokyo, Japan) was used for the image processing.

### 2.6. Rheological tests

A controlled-stress rheometer (MCR102, Anton Paar, Graz, Austria) was used for rheological characterisation of the gels. Hot solutions were poured onto the rheometer and covered with a thin layer of corn oil (Yang, Yang, & Yang, 2018a). The samples were pre-sheared at 85 °C for 10 min (1% strain, 1 rad/s angular frequency,  $\omega$ ), before four testing protocols were applied. A 25-mm diameter stainless-steel parallel plate was used for protocols 1 and 2, and a 60-mm diameter stainless-steel cone plate (angle: 1°, 0.1667 mm gap) was used for protocols 3 and 4. Protocol 1: the sample was cooled from 85 to 10 °C at a rate of 1 °C/min (1% strain, 1 rad/s); the gel formed was then heated from 10 to 85 °C. The  $T_m$  and  $T_g$  were determined as the temperature when storage modulus ( $G'$ ) and loss modulus ( $G''$ ) crossed over (Sow et al., 2018b). Protocol 2: to determine the critical gelation temperature ( $T_g^*$ ), frequency sweeps (100–1 rad/s, 1% strain) were carried out at temperatures near the  $T_g$ . According to the Winter-Chambon equation (Winter & Chambon, 1986), at the critical gelling point,

$$G'(\omega) \sim G''(\omega) \sim \omega^n. \quad (2)$$

$$\tan \delta = \frac{G''(\omega)}{G'(\omega)} = \tan \frac{n\pi}{2}. \quad (3)$$

where  $n$  is the critical relaxation component, and  $\tan \delta$  is the loss factor.

The power law behaviour at the critical gelling point could also be expressed as,

$$G(t) = S_g t^{-n}. \quad (4)$$

$$G'(\omega) = G''(\omega) / \tan \frac{n\pi}{2} = S_g \omega^n \Gamma(1-n) \cos \frac{n\pi}{2} \quad (5)$$

where  $G(t)$  is the relaxation modulus,  $S_g$  is the critical gel strength,  $\Gamma(1-n)$  is the Gamma function,  $G'$  or  $G''$  at the critical gelling point and  $n$  would be used to calculate  $S_g$  using Eq. (5) (Yang et al., 2018a).

Protocol 3: the sample was cooled from 85 to 10 °C at 1 °C/min, a time sweep was conducted for 90 min at 10 °C (1% strain, 1 rad/s). A frequency sweep from 0.1 to 100 rad/s (1% strain, 10 °C) was carried out. The complex viscosity,  $\eta^*$  and  $\omega$  showed a power law relationship (Nakauma et al., 2016),

$$\eta^*(\omega) = K_f \omega^{-n_f} \quad (0 < n_f < 1). \quad (6)$$

$$\eta^* = \frac{\sqrt{(G')^2 + (G'')^2}}{\omega} \quad (7)$$

where  $K_f$  is the dynamic consistency index, and  $n_f$  is the dynamic power law factor.

Protocol 4: finally, the gel was subject to creep-recovery test. A constant shear stress of 200 Pa was applied from 0 to 915.5 s (creep-phase). After that, the gel was allowed to recover from 915.5 to 1820 s at 0 Pa (recovery phase). Burgers model was applied to describe the changes in compliance,  $J(t)$  over time (Sow et al., 2018a).

$$J(t) = \gamma / \sigma, \quad (8)$$

where  $\gamma$  is the shear strain and  $\sigma$  is the shear stress of the creep phase.

During the creep phase,

$$J(t)_c = J_{0c} + \sum_{i=1}^3 \left[ J_{m_{ic}} \left( 1 - e^{-\frac{t}{\lambda_{ic}}} \right) \right] + \frac{t}{\eta_0} \quad (9)$$

While during recovery phase,

$$J(t)_r = J_{max} - J_{0r} - \sum_{i=1}^3 \left[ J_{m_{ir}} \left( 1 - e^{-\frac{t}{\lambda_{ir}}} \right) \right] \quad (10)$$

where  $J_0$ ,  $J_m$ , and  $J_{max}$  are defined as instantaneous, viscoelastic, and maximum compliance, respectively,  $t$  and  $\lambda$  are the time and retardation time, respectively, and  $\eta_0$  is the zero-shear viscosity.

## 2.7. Fourier transform infrared (FTIR) spectroscopy

Lyophilised gel (6.67%, w/v) was milled into a powder and homogenised with KBr (3 mg sample/100 mg KBr) for pellet formation. The FTIR spectra (4000–500  $\text{cm}^{-1}$ ) were recorded with 64 scans and a resolution of 4  $\text{cm}^{-1}$ , using a Spectrum One FTIR spectrometer (PerkinElmer, Waltham, MA, USA) (Sow & Yang, 2015). Before every scan, background spectra were recorded and corrected. The spectra were baseline-corrected, smoothed, and normalised using Spectrum software. Amide I (1600–1700  $\text{cm}^{-1}$ ) was deconvoluted and curve-fitted using Origin Pro 9 (OriginLab, Northampton, MA, USA).

## 2.8. Statistical analysis

Triplicate independent experiments with at least duplicate measurements within each run were conducted. The results are reported as the mean  $\pm$  standard deviation. One-way analysis of variance (ANOVA) and Duncan's multiple range test were performed using SPSS Statistics 20 software (IBM, Chicago, IL, USA) to determine statistical differences ( $P < 0.05$ ) within and between test groups.

## 3. Results and discussions

### 3.1. Turbidity, particle size, and zeta potential

When two biopolymers are mixed together, associative or segregative interactions occur (Morris et al., 2012). In Fig. 1A, increased

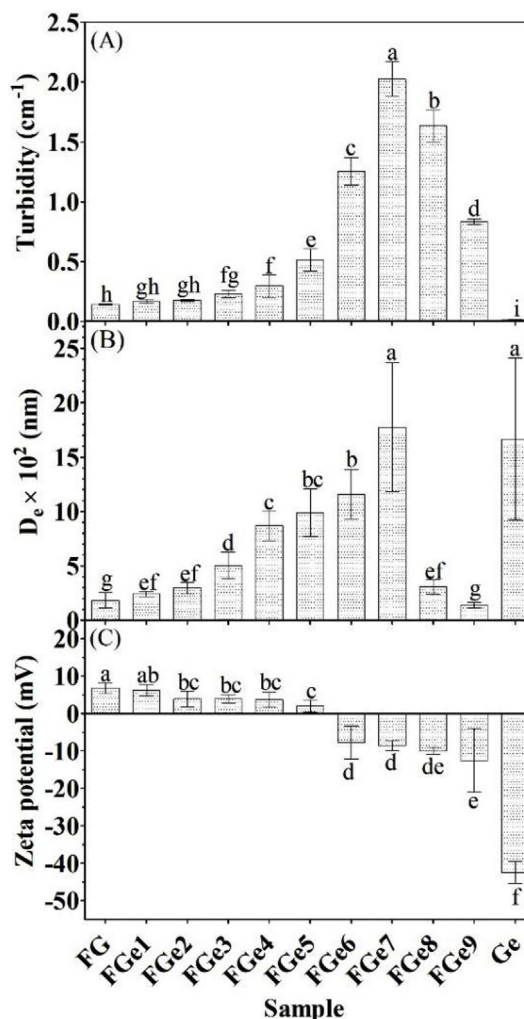


Fig. 1. Effect of the mixing of gellan (Ge) with fish gelatin (FG) on (A) turbidity, (B) effective diameter ( $D_{50}$ ), and (C) zeta potential of the mixtures (0.5%, w/v). \*Means with different lowercase letters are significantly different ( $P < 0.05$ ) among different groups.

\*FGe2, FGe4, FGe5, FGe7, and FGe9 refer to FG-Ge mixtures with mixing ratios (Ge:FG, w/w) of 0.5:99.5, 1:99, 2.5:97.5, 7.5:92.5, and 20:80, respectively.

turbidity of FG-Ge mixtures was observed from FGe1 to FGe7. Both FG and Ge have turbidities lower than the mixtures, thus the increase in turbidity is likely to arise from associative phase separation (Banerjee & Bhattacharya, 2011). FG carries a positive charge ( $6.7 \pm 1.5$  mV) while Ge carries a negative charge ( $-42.5 \pm 2.9$  mV); therefore, an electrostatic interaction could drive the formation of complex coacervates of FG-Ge. The formation of complex coacervates led to an increase in the effective diameter,  $D_e$  (Fig. 1B): the  $D_e$  increased from  $183 \pm 70$  nm in FG to  $1775 \pm 594$  nm in FGe7. Ge had a large  $D_e$  ( $1664 \pm 744$  nm), which was attributed to the intramolecular aggregation of Ge (0.01%, w/v) below the gelling concentration ( $\geq 0.167\%$ , w/v, Fig. S1) (Morris et al., 2012). In contrast, at a higher concentration (0.5%, w/v) the turbidity of Ge remained low because of the formation of soft fluid gel network rather than aggregates.

In the mixture of FG- $\kappa$ -carrageenan (KC), the maximum turbidity and  $D_e$  of FG-KC occurred simultaneously when the zeta potential switched from positive to negative, a sign of neutralisation of the surface charge caused by electrostatic interaction (Sow et al., 2018a). This was not the case for the FG-Ge sample, the zeta potential approached to neutral at FGe5 ( $2.0 \pm 1.6$  mV), while the  $D_e$  and turbidity increased continuously to a maximum at FGe7 ( $-8.6 \pm 1.4$  mV). This might indicate that other interactions, such as hydrogen bonds, could lead to

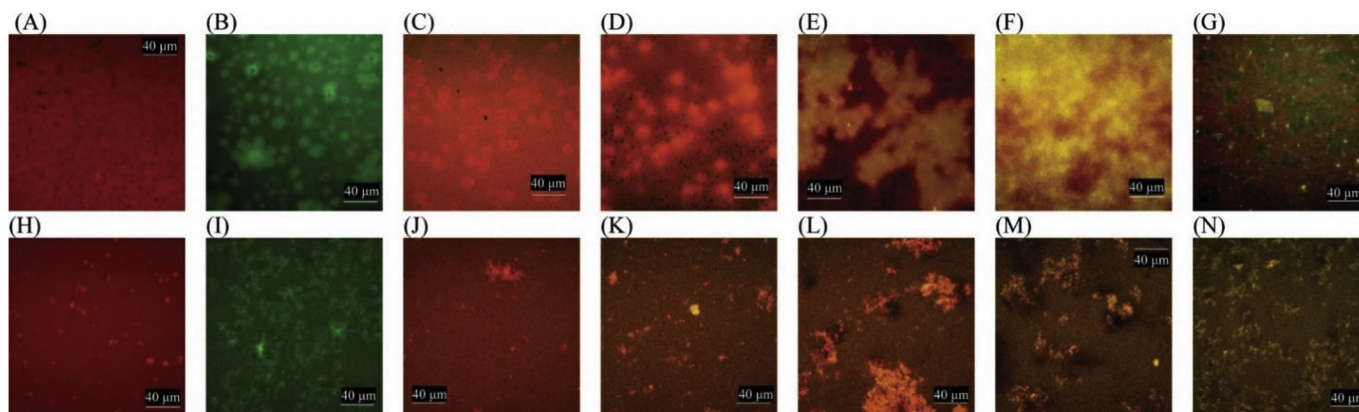


Fig. 2. Microstructure of (A–G) solution (0.5%, w/v) and (H–N) gel (6.67%, w/v) of (A, H) fish gelatin (FG), (B, I) gellan (Ge), and the FG-Ge mixtures (FGe), including (C, J) FGe2, (D, K) FGe4, (E, L) FGe5, (F, M) FGe7, and (G, N) FGe9.

\*FGe2, FGe4, FGe5, FGe7, and FGe9 refer to FG-Ge mixtures with mixing ratios (Ge:FG, w/w) of 0.5:99.5, 1:99, 2.5:97.5, 7.5:92.5, and 20:80, respectively.

progressive aggregation of FG-Ge complex coacervates. Alternatively, the growth in turbidity and  $D_e$  might be the result of segregative FG-Ge interaction, because the  $D_e$  of FGe7 was similar to that of Ge. Excess Ge that was not bound to FG would form aggregates, increasing the turbidity and  $D_e$ . The segregative interaction became prominent in FGe8 and FGe9. Segregative interaction resulted in steric exclusion between FG and Ge, which increased the effective concentration of the two biopolymers and formed a bi-continuous structure (Papageorgiou et al., 1994). The decreased in  $D_e$  of FGe8 and FGe9 (Fig. 1B) indicated little or no formation of complex coacervates.

### 3.2. CLSM

The microstructure of FG, Ge, and the mixtures were captured in solution (0.5%, w/v) and as gels (6.67%, w/v) (Fig. 2). Spherical aggregates of FG (Fig. 2A, H) and irregular, fibrous like aggregates of Ge (Fig. 2B, I) were found. The fibrous-like structure of Ge was consistent with the observation of Sow et al. (2018b) under atomic force microscopy. In liquid, small spherical FG-Ge complex coacervates were found in FGe2 and FGe4 (Fig. 2C and D), similar to those observed by Chilvers and Morris (1987). The aggregates joined together into large irregular complexes in FGe5 and FGe7 (Fig. 2E and F), and almost completely disappeared in FGe9 (Fig. 2G, N). Wang and Padua (2010) found that microsphere of zein could aggregate, merge and fuse in one phase under tight packing when concentration increased. The yellow aggregates indicated that both FG (red) and Ge (green) participated in the formation of complex coacervates. In FGe9, separate FG and Ge regions showed a bi-continuous structure. It was proposed that the high turbidity and large  $D_e$  of FGe7 might be caused by the association of complex coacervates or the segregation of Ge aggregates. From Fig. 2D, the former argument was supported by the aggregation of complex coacervates into cloud-like aggregates.

Comparing between liquid and gel states, we found that the size of FG aggregates increased when concentration increased from 0.5% (Fig. 2A) to 6.67% (w/v) (Fig. 2H). While for Ge, the structure changed from irregular and spherical-like aggregates in liquid state (Fig. 2B) to fibrous-like aggregates in gel state (Fig. 2I). The coarse holes that appeared in liquid state (Fig. 2A and B) disappeared when in gel state, indicating that the gel had a denser structure than liquid. The microstructure of large voids and strands could be related to the decreased resistance of gel external force (Sinthusamran, Benjakul, & Kishimura, 2014). The addition of Ge modified the gel microstructure by altering the distribution of the holes, thus the FGe2 (Fig. 2C, J) had a dense and homogenous structure, while there were increasing number and size of holes in FGe4, FGe5, and FGe7 (Fig. 2D–F, K–M).

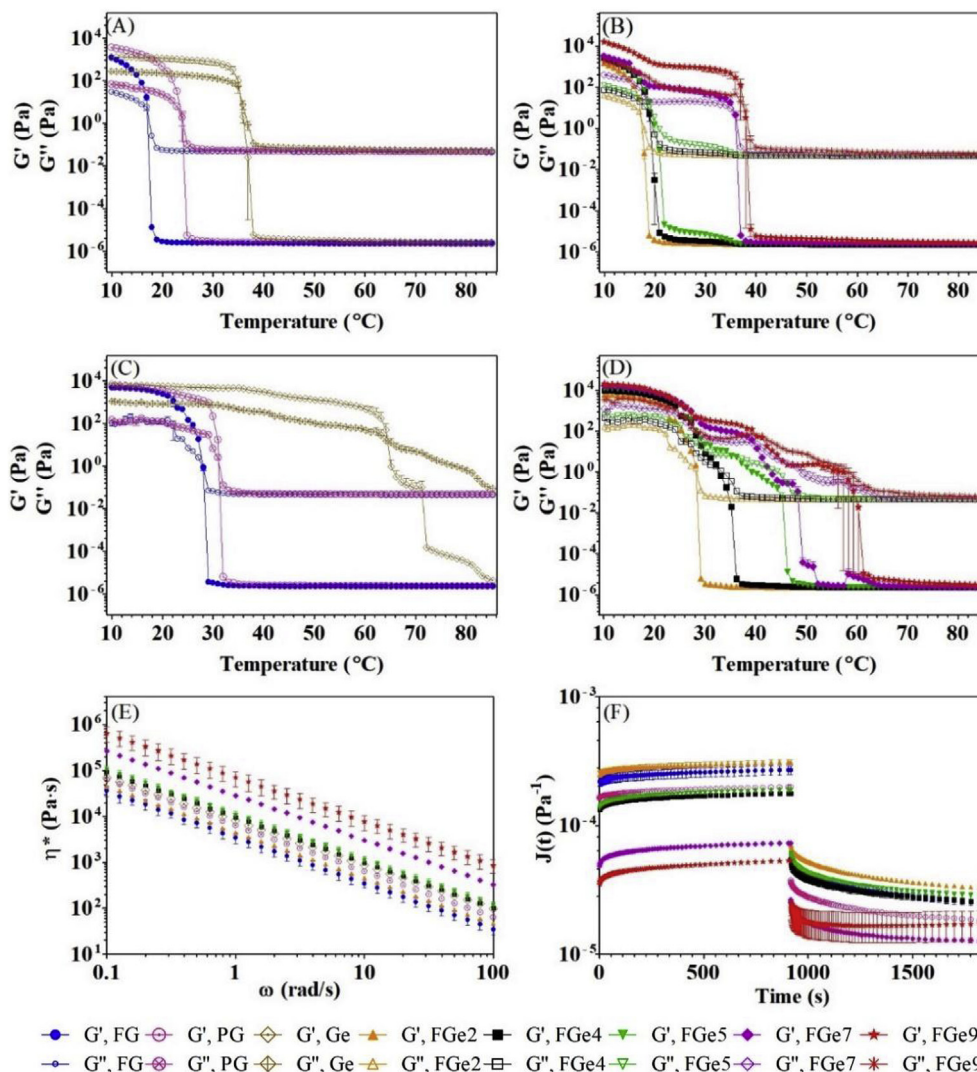
Although FG is the dominant biopolymer based on the Ge:FG (w/w)

of 20:80 in FGe9, Ge formed the continuous phase (green) (Fig. 2G, N). Similarly, Papageorgiou et al. (1994) reported a gel containing 5% PG, 0.5% Ge, and 107.5 mM NaCl had Ge as the continuous phase.

### 3.3. Rheology

The rheological characterisation was performed for 6.67% (w/v) FG and FG-Ge mixtures (FGe2, FGe4, FGe5, FGe7, FGe9), with PG used as a reference. Ge at 2% (w/v) was also included for comparison, as 2% Ge was slightly above the maximum concentration (1.33%, w/v) of Ge in the FG-Ge mixed gel, and able to form a strong gel for rheological characterisation testing. Rheological properties of Ge at other concentrations (0.015–2%, w/v) are shown in Fig. S2 and Fig. S3. Cooling from 85 to 10 °C led to gelation, and the gel was melted during reverse heating (Fig. 3A–D). The  $T_g$  and  $T_m$  identified from the temperature sweep are shown in Table 2. The  $T_m$  and  $T_g$  of the pure components were in the order of FG < PG < Ge. The  $T_m$  increased significantly from FG at Ge:FG (w/w)  $\geq$  1:99. FGe4 ( $32.23 \pm 0.15$  °C) showed a similar  $T_m$  to that of PG ( $31.21 \pm 0.01$  °C). By contrast, an increase in  $T_g$  from FG was only found in FGe7 and FGe9. Moreover, the  $T_g$  of FGe7 and FGe9 were similar to that of Ge. This was caused by the formation of a Ge continuous gel in FGe7 and FGe9 (Lau, Tang, & Paulson, 2001), as the concentration of Ge (0.5–1.33%, w/v) was above the gelling concentration ( $\geq 0.167\%$  w/v, Fig. S1). There were two steps of increased (decreased)  $G'$  and  $G''$  during gelation (melting) of FGe7 and FGe9 (Fig. 3), in which the gelling and melting profile shifted towards that of Ge. When the solutions (gels) were cooled (heated), the increased (decrease) in  $G'$  and  $G''$  at about 40 °C and 20 °C corresponded to the contribution from Ge and FG, respectively.

The gelling temperature is frequency dependent (Yang et al., 2018b); therefore, the Winter-Chambon equation was applied to determine critical gelling temperature ( $T_g^*$ ). From the multifrequency plots of  $\tan \delta$  vs. temperature (Fig. S4), the crossover point was determined as the critical  $T_g^*$ . The  $T_g^*$  of the samples was similar to the  $T_g$  from the temperature sweep. In a highly concentrated and fast gelation system, the method based on  $\tan \delta$  and Eq. (3) to determine  $n$  was more suitable than Eq. (2) (Michon, Cuvelier, & Launay, 1993; Pérez-Campos, Chavarría-Hernández, Tecante, Ramírez-Gilly, & Rodríguez-Hernández, 2012). The  $n$  value is shown in Fig. 4A. FG and PG (6.67%, w/v) showed a similar value of  $n$  (0.014–0.016), while Ge (2%, w/v) had a larger  $n$  at 0.038. The addition of Ge into FG increased  $n$  to about 0.056 in FGe7, followed by decreased to about 0.014 in FGe9. The low  $n$  value suggested that the system was highly elastic ( $n = 1$  for pure elastic,  $n = 0$  for pure viscous). The  $n$  value is not universal but dependent on gel history, the type of materials and their concentration (Michon et al., 1993). There were no previous reports of the  $n$  value for a Ge-FG gel.



**Fig. 3.** Temperature sweep of (A, B) cooling and (C, D) heating cycle between 10 and 85 °C for (A, C) pure components (6.67%, w/v fish gelatin (FG), pork gelatin (PG) and 2%, w/v gellan (Ge)) as well as (B, D) FG-Ge mixtures (FGe2, FGe4, FGe5, FGe7, FGe9) as a function of angular frequency,  $\omega$ ; (F) creep-recovery compliance ( $J(t)$ ) as a function of time.

\*FGe2, FGe4, FGe5, FGe7, and FGe9 refer to FG-Ge mixtures with mixing ratios (Ge:FG, w/w) of 0.5:99.5, 1:99, 2.5:97.5, 7.5:92.5, and 20:80, respectively.

Michon et al. (1993) reported  $n$  values of 0.7 to 0.2 with increasing gelatin from 1.1 to 20.0% (w/w), while gellan (0.02–0.07%) with  $\text{CaCl}_2$  (0.7–15 mM) had  $n$  values of 0.88–0.32 (Pérez-Campos et al., 2012). A low  $n$  value ( $< 0.2$ ) was reported by Nordby, Kjøniksen, Nyström, and Røtts (2003) in pectin-chitosan (1%).

At  $T_g^*$ , the critical gel strength,  $S_g$ , was calculated using Eq. (5) and shown in Fig. 4B. Ge and FGe9 showed significantly greater  $S_g$  values than the rest of the samples ( $P < 0.05$ ).  $S_g$  is related to the crosslinking density (Nordby et al., 2003). To further investigate the effect of Ge on FGe gels,  $S_g$  was normalised by [Ge] (% w/v) (Fig. 4C). The addition of

**Table 2**

Summary of rheological test results of temperature sweep (reported as  $T_m$  and  $T_g$ ), time sweep (modulus at 90 min, 10 °C) and frequency sweep (Eq. (6) parameters).

Sample	Temperature sweep		Time sweep		Frequency sweep	
	$T_m$ (°C)	$T_g$ (°C)	$G'$ (Pa)	$G''$ (Pa)	$n_f$	$K_f \times 10^3$ (Pa·s $^{1-n_f}$ )
PG	31.21 ± 0.01 <sup>d</sup>	23.59 ± 0.37 <sup>b</sup>	6408 ± 312 <sup>def</sup>	15 ± 3 <sup>e</sup>	0.998 ± 0.003 <sup>ab</sup>	6.41 ± 0.42 <sup>b</sup>
FG	27.97 ± 0.15 <sup>c</sup>	16.94 ± 0.07 <sup>c</sup>	3461 ± 816 <sup>f</sup>	79 ± 16 <sup>de</sup>	1.001 ± 0.000 <sup>a</sup>	3.53 ± 0.85 <sup>b</sup>
FGe2	28.08 ± 0.02 <sup>c</sup>	17.20 ± 0.05 <sup>c</sup>	4434 ± 358 <sup>ef</sup>	19 ± 3 <sup>e</sup>	0.996 ± 0.001 <sup>ab</sup>	4.55 ± 0.30 <sup>b</sup>
FGe4	32.23 ± 0.15 <sup>d</sup>	18.70 ± 0.23 <sup>c</sup>	9678 ± 393 <sup>cd</sup>	153 ± 10 <sup>de</sup>	0.989 ± 0.001 <sup>ab</sup>	9.62 ± 0.32 <sup>b</sup>
FGe5	35.65 ± 0.27 <sup>c</sup>	19.26 ± 0.12 <sup>bc</sup>	10736 ± 1529 <sup>c</sup>	337 ± 211 <sup>cd</sup>	0.987 ± 0.002 <sup>b</sup>	10.83 ± 2.07 <sup>b</sup>
FGe7	39.20 ± 0.77 <sup>b</sup>	33.62 ± 2.38 <sup>a</sup>	28204 ± 1557 <sup>b</sup>	1817 ± 259 <sup>b</sup>	0.969 ± 0.001 <sup>c</sup>	28.62 ± 1.27 <sup>b</sup>
FGe9	39.82 ± 0.13 <sup>b</sup>	36.90 ± 1.03 <sup>a</sup>	57350 ± 4573 <sup>a</sup>	4936 ± 150 <sup>a</sup>	0.955 ± 0.006 <sup>cd</sup>	71.00 ± 2.58 <sup>a</sup>
Ge	62.97 ± 2.07 <sup>a</sup>	34.81 ± 0.66 <sup>a</sup>	7835 ± 1306 <sup>de</sup>	533 ± 52 <sup>c</sup>	0.953 ± 0.006 <sup>d</sup>	7.99 ± 1.10 <sup>b</sup>

\*Means with different lowercase letters within each column are significantly different ( $P < 0.05$ ) among the different groups.

\*FGe2, FGe4, FGe5, FGe7, and FGe9 refer to FG-Ge mixtures with mixing ratios (Ge:FG, w/w) of 0.5:99.5, 1:99, 2.5:97.5, 7.5:92.5, and 20:80, respectively.

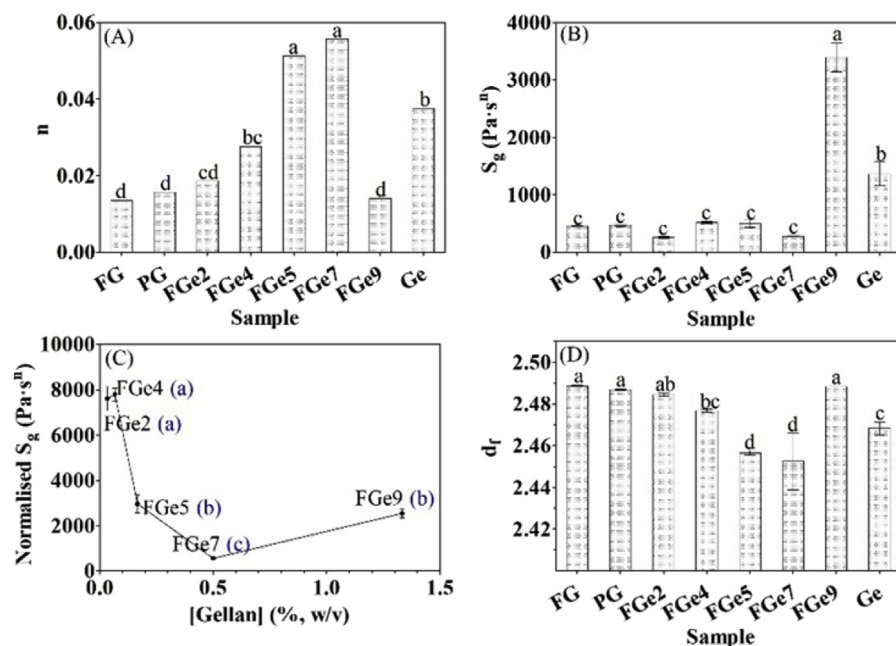


Fig. 4. Effect of gellan (GE) addition on the modification of (A) the critical relaxation modulus ( $n$ ), (B) the critical gel strength ( $S_g$ ) and (C) the normalised  $S_g$ , (D) the fractal dimension ( $d_f$ ) of fish gelatin (FG).

\*Means with different lowercase letters are significantly different ( $P < 0.05$ ) among the different groups.

\*Fig. 4(C), the data label is presented as “sample name (statistical label)”.

\*FGe2, FGe4, FGe5, FGe7, and FGe9 refer to FG-Ge mixtures with mixing ratios (Ge:FG, w/w) of 0.5:99.5, 1:99, 2.5:97.5, 7.5:92.5, and 20:80, respectively.

Table 3

Burgers model parameters of fish gelatin (FG), pork gelatin (PG), gellan (Ge), and the FG-Ge mixtures during creep phase (0–915.5 s).

Sample	$J_0 \times 10^{-5}$ (Pa <sup>-1</sup> )	$J_{m1} \times 10^{-5}$ (Pa <sup>-1</sup> )	$J_{m2} \times 10^{-5}$ (Pa <sup>-1</sup> )	$J_{m3} \times 10^{-5}$ (Pa <sup>-1</sup> )	$\lambda_1$ (s)	$\lambda_2$ (s)	$\lambda_3$ (s)	$\eta_0 \times 10^{10}$ (Pa·s)	$R^2$
PG	16.3 ± 0.9 <sup>b</sup>	1.47 ± 0.10 <sup>cd</sup>	0.44 ± 0.02 <sup>c</sup>	0.24 ± 0.02 <sup>c</sup>	208 ± 18 <sup>ab</sup>	24.1 ± 7.1 <sup>ab</sup>	2.32 ± 1.02 <sup>a</sup>	6.34 ± 0.41 <sup>b</sup>	0.99993
FG	21.9 ± 3.1 <sup>a</sup>	2.07 ± 0.40 <sup>ab</sup>	0.69 ± 0.13 <sup>b</sup>	0.40 ± 0.16 <sup>bc</sup>	246 ± 9 <sup>a</sup>	32.2 ± 0.9 <sup>a</sup>	3.14 ± 0.39 <sup>a</sup>	4.41 ± 0.04 <sup>bc</sup>	0.99992
FGe2	24.8 ± 1.9 <sup>a</sup>	2.51 ± 0.04 <sup>a</sup>	0.84 ± 0.05 <sup>ab</sup>	0.68 ± 0.11 <sup>a</sup>	203 ± 18 <sup>ab</sup>	28.9 ± 9.1 <sup>ab</sup>	3.28 ± 0.58 <sup>a</sup>	3.84 ± 0.15 <sup>c</sup>	0.99997
FGe4	13.1 ± 0.0 <sup>b</sup>	1.91 ± 0.30 <sup>bc</sup>	0.76 ± 0.08 <sup>b</sup>	0.52 ± 0.11 <sup>ab</sup>	175 ± 21 <sup>ab</sup>	23.1 ± 4.2 <sup>ab</sup>	2.03 ± 0.41 <sup>a</sup>	5.56 ± 0.05 <sup>bc</sup>	0.99999
FGe5	13.5 ± 0.5 <sup>b</sup>	2.26 ± 0.05 <sup>ab</sup>	0.93 ± 0.03 <sup>a</sup>	0.71 ± 0.02 <sup>a</sup>	177 ± 12 <sup>ab</sup>	22.4 ± 1.9 <sup>ab</sup>	2.29 ± 0.05 <sup>a</sup>	6.16 ± 0.40 <sup>b</sup>	0.99997
FGe7	4.77 ± 0.1 <sup>c</sup>	1.01 ± 0.08 <sup>de</sup>	0.44 ± 0.02 <sup>c</sup>	0.38 ± 0.03 <sup>bc</sup>	177 ± 15 <sup>ab</sup>	24.8 ± 6.0 <sup>ab</sup>	2.62 ± 0.42 <sup>a</sup>	12.25 ± 0.64 <sup>a</sup>	0.99995
FGe9	3.41 ± 0.1 <sup>c</sup>	0.68 ± 0.06 <sup>e</sup>	0.26 ± 0.05 <sup>d</sup>	0.27 ± 0.09 <sup>c</sup>	157 ± 85 <sup>b</sup>	16.5 ± 11.6 <sup>b</sup>	1.92 ± 0.15 <sup>a</sup>	12.70 ± 2.83 <sup>a</sup>	0.99993

\*Means with different lowercase letters within each column are significantly different ( $P < 0.05$ ) among different groups.

\*FGe2, FGe4, FGe5, FGe7, and FGe9 refer to FG-Ge mixtures with mixing ratios (Ge:FG, w/w) of 0.5:99.5, 1:99, 2.5:97.5, 7.5:92.5, and 20:80, respectively.

Ge decreased  $S_g$  above FGe4 to a minimum in FGe7, and then increased slightly in FGe9. The size of the complex coacervates increased with increasing [Ge] up to FGe7, thereby increasing the distance between the junction zones, resulted in a decrease in normalised  $S_g$ . Decreases in  $S_g$  were reported when graphene oxide was filled into a  $\kappa$ -carrageenan network (Liu, Bao, & Li, 2016), and when pectin was added into chitosan (Nordby et al., 2003). The normalised  $S_g$  value of FGe9 was lower than that of FGe2 and FGe4, suggesting that the larger value of  $S_g$  (Fig. 4B) was caused by the high concentration of Ge and subsequent Ge continuous gel formation, which increased the overall gel density and strength (Liu, Chan, & Li, 2015).

The density of the network could also be determined based on fractal dimension,  $d_f$ , which is related to  $n$  through the following equation (Muthukumar, 1989),

$$n = \frac{d(d+2-2d_f)}{2(d+2-d_f)} \quad (11)$$

where  $d$  is the space dimension ( $d = 3$ ).

From Eq. (11) and Fig. 4D,  $d_f$  was between 2.45 and 2.50, which was similar to the report of Nordby et al. (2003) in the pectin/chitosan system. The increase in Ge:FG (w/w) up to 7.5:92.5, showed a decreased  $d_f$ , caused by the large complex coacervates formed which led to a loose network. In FGe9,  $d_f$  increased to the level of FG, as the large complex coacervates disappeared in FGe9. The network density ( $d_f$ ) and strength ( $S_g$ ) of FGe9 increased because of the FG-Ge bi-continuous network formation.

The gel was formed and matured at 10 °C (Fig. S5), the  $G'$  and  $G''$  at

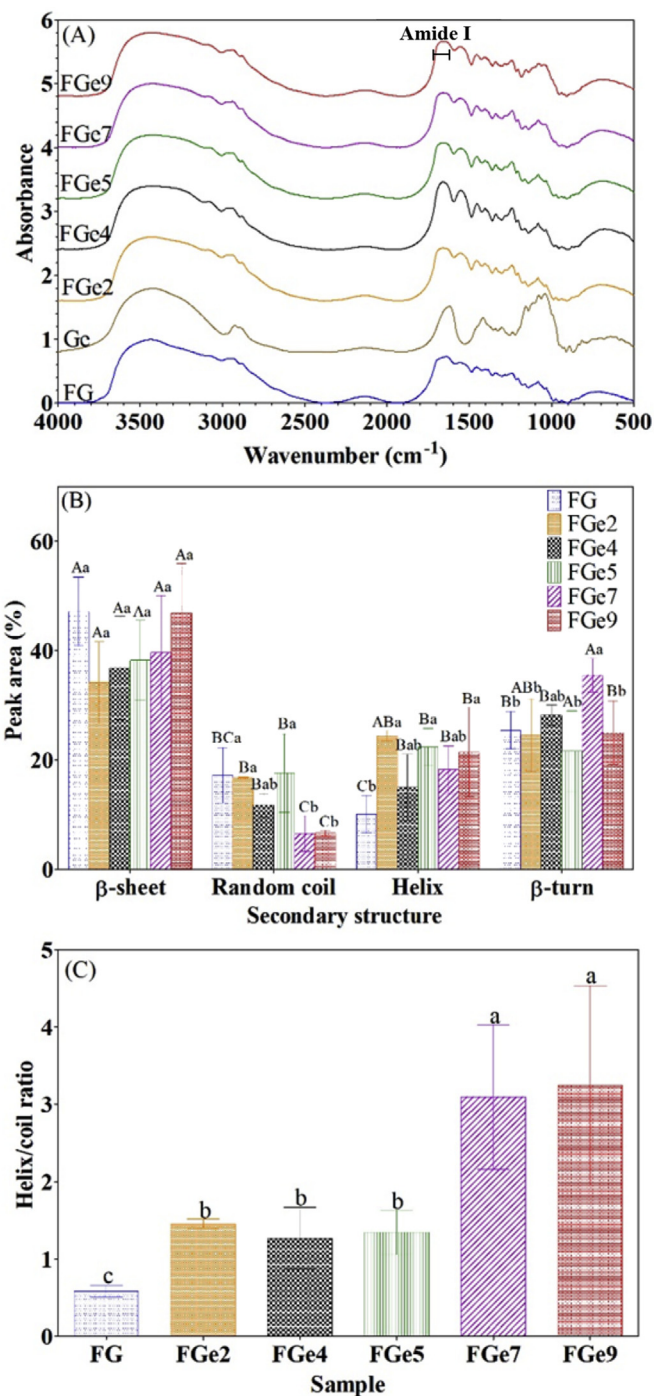
90 min of storage were compared in Table 2. The  $G'$  of all samples was greater than the  $G''$ , indicated a strong gel system (Mohtar et al., 2013). The  $G'$  and  $G''$  of FGe gels (except the  $G''$  of FGe2) increased with increasing Ge:FG (w/w), and even greater than the sum of FG and Ge in FGe7 and FGe9. No significant differences ( $P < 0.05$ ) in  $G'$  and  $G''$  was found between FGe4 and PG. The frequency sweep at 10 °C suggested that the  $G'$  and  $G''$  were almost independent of  $\omega$  (Fig. S5). The  $\eta^*$  value, however, showed a power law dependent on  $\omega$  (Fig. 3E). The parameters of Eq. (6) are shown in Table 2. The low  $n_f$  value indicated that the system was close to an elastic solid ( $n_f = 1$  for elastic solid,  $n_f = 0$  for a viscous fluid) (Nakauma et al., 2016). The Ge continuous gel formation resulted in  $n_f$  values of FGe7, FGe9, and Ge that were significantly lower ( $P < 0.05$ ) than those of PG, FG, FGe2, FGe4, and FGe5.  $K_f$  increased significantly in FGe9 compared with rest of the samples.

The gels were subjected to a creep-recovery test (Fig. 3F), and Burgers model was applied (Table 3 & Table 4) with  $R^2 > 0.999$ . Ge at 2% (w/v) cannot withstand the shear stress of 200 Pa, as Ge was reported to be a yield stress fluid (García, Alfaro, & Muñoz, 2015). The low value of  $J_0$  and  $J_{max}$  indicated the formation of a hard and firm sample (Fu, Che, Li, Wang, & Adhikari, 2016; Yilmaz, Karamam, Dogan, Yetim, & Kayacier, 2012). Increases in  $J_0$  and  $J_{max}$  were found in FGe2 compared with that in FG, and subsequently decreased to a minimum in FGe9. The  $J_m$  value followed a similar trend to  $J_0$  and  $J_{max}$ . The  $\lambda$  value indicated no significant difference among the samples ( $P > 0.05$ ). The resistance to flow, indicated by  $\eta_0$  (Fu et al., 2016), increased significantly in FGe7 and FGe9 compared with that in FG. The percentage

**Table 4**  
Burgers model parameters of fish gelatin (FG), pork gelatin (PG), gellan (Ge), and the FG-Ge mixtures during the recovery phase (915.5–1820 s).

Sample	$J_{\max} \times 10^{-5} \text{ (Pa}^{-1}\text{)}$	$J_0 \times 10^{-5} \text{ (Pa}^{-1}\text{)}$	$J_{m1} \times 10^{-5} \text{ (Pa}^{-1}\text{)}$	$J_{m2} \times 10^{-5} \text{ (Pa}^{-1}\text{)}$	$J_{m3} \times 10^{-5} \text{ (Pa}^{-1}\text{)}$	$\lambda_1 \text{ (s)}$	$\lambda_2 \text{ (s)}$	$\lambda_3 \text{ (s)}$	Je (%)	Jv (%)	R <sup>2</sup>
PG	19.9 ± 1.0 <sup>b</sup>	16.2 ± 0.9 <sup>b</sup>	1.02 ± 0.18 <sup>c</sup>	0.44 ± 0.01 <sup>c</sup>	0.22 ± 0.10 <sup>d</sup>	220 ± 19 <sup>a</sup>	30.4 ± 20.1 <sup>a</sup>	4.11 ± 0.26 <sup>a</sup>	89.5 ± 1.2 <sup>a</sup>	10.5 ± 1.2 <sup>b</sup>	0.99967
FG	27.1 ± 3.8 <sup>a</sup>	21.4 ± 3.0 <sup>a</sup>	1.54 ± 0.23 <sup>ab</sup>	0.58 ± 0.09 <sup>bc</sup>	0.44 ± 0.07 <sup>abc</sup>	208 ± 51 <sup>a</sup>	30.6 ± 5.1 <sup>a</sup>	2.88 ± 0.15 <sup>ab</sup>	88.4 ± 0.4 <sup>a</sup>	11.6 ± 0.4 <sup>b</sup>	0.99983
FGe2	31.2 ± 1.9 <sup>a</sup>	23.9 ± 1.8 <sup>a</sup>	1.84 ± 0.18 <sup>a</sup>	0.83 ± 0.10 <sup>a</sup>	0.60 ± 0.04 <sup>a</sup>	224 ± 32 <sup>a</sup>	34.2 ± 3.6 <sup>a</sup>	3.55 ± 0.37 <sup>ab</sup>	87.3 ± 1.6 <sup>a</sup>	12.7 ± 1.6 <sup>b</sup>	0.99995
FGe4	17.9 ± 0.4 <sup>b</sup>	12.5 ± 0.1 <sup>b</sup>	1.22 ± 0.03 <sup>bc</sup>	0.65 ± 0.08 <sup>b</sup>	0.51 ± 0.07 <sup>ab</sup>	202 ± 0 <sup>a</sup>	29.3 ± 5.9 <sup>a</sup>	2.96 ± 0.73 <sup>ab</sup>	83.1 ± 1.3 <sup>a</sup>	16.9 ± 1.3 <sup>b</sup>	0.99986
FGe5	18.9 ± 0.5 <sup>b</sup>	12.6 ± 0.5 <sup>b</sup>	1.50 ± 0.05 <sup>b</sup>	0.73 ± 0.04 <sup>ab</sup>	0.62 ± 0.00 <sup>a</sup>	185 ± 5 <sup>a</sup>	26.6 ± 0.8 <sup>a</sup>	2.98 ± 0.66 <sup>ab</sup>	82.0 ± 0.9 <sup>a</sup>	18.0 ± 0.9 <sup>b</sup>	0.99993
FGe7	7.3 ± 0.1 <sup>c</sup>	4.6 ± 0.1 <sup>c</sup>	0.59 ± 0.03 <sup>d</sup>	0.45 ± 0.06 <sup>c</sup>	0.38 ± 0.03 <sup>ab</sup>	237 ± 32 <sup>a</sup>	41.2 ± 9.0 <sup>a</sup>	3.93 ± 0.77 <sup>a</sup>	82.5 ± 0.2 <sup>a</sup>	17.5 ± 0.2 <sup>b</sup>	0.99975
FGe9	5.3 ± 0.2 <sup>c</sup>	3.0 ± 0.7 <sup>c</sup>	0.27 ± 0.02 <sup>e</sup>	0.28 ± 0.06 <sup>d</sup>	0.27 ± 0.13 <sup>bcd</sup>	220 ± 19 <sup>a</sup>	27.3 ± 0.8 <sup>a</sup>	2.28 ± 0.91 <sup>b</sup>	70.6 ± 12.4 <sup>b</sup>	19.4 ± 12.4 <sup>a</sup>	0.99923

\*Means with different lowercase letters within each column are significantly different ( $P < 0.05$ ) among the different groups.  
 \*FGe2, FGe4, FGe5, FGe7, and FGe9 refer to FG-Ge mixtures with mixing ratios (Ge:FG, w/w) of 0.5:99.5, 1:99, 2.5:97.5, 7.5:92.5, and 20:80, respectively.



**Fig. 5.** (A) Fourier transform infrared (FTIR) spectra of fish gelatin (FG), gellan (Ge), and FG-Ge mixtures (FGe); amide I was deconvoluted and curve-fitted ( $R^2 > 0.99$ ), the results are presented as (B) the secondary structure distribution and the (C) helix/coil ratio.

\*Means with different lowercase (uppercase) letters are significantly different ( $P < 0.05$ ) among the different samples (within the same sample).

\*FGe2, FGe4, FGe5, FGe7, and FGe9 refer to FG-Ge mixtures with mixing ratios (Ge:FG, w/w) of 0.5:99.5, 1:99, 2.5:97.5, 7.5:92.5, and 20:80, respectively.

of elastic compliance,  $J_e$  (%), was calculated from the following equation,

$$J_e (\%) = \frac{J_{0r} + J_{mr}}{J_{\max}} \times 100\% \tag{12}$$

and the percentage of the viscous compliance,

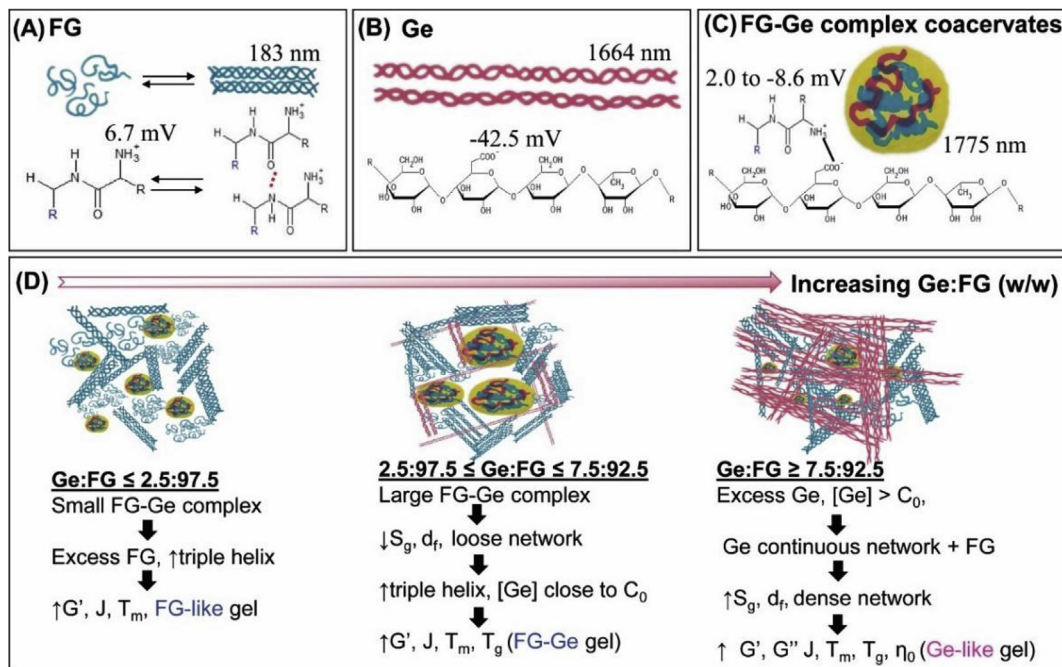
**Table 5**  
FTIR peak table of fish gelatin (FG), gellan (Ge), and FG-Ge mixed gels (FGe2, FGe4, FGe5, FGe7, FGe9).

Region	Wavenumber (cm <sup>-1</sup> )							Description
	FG	Ge	FGe2	FGe4	FGe5	FGe7	FGe9	
Amide A	3434.8 ± 0.9 <sup>a</sup>	3434.3 ± 0.3 <sup>a</sup>	3433.5 ± 2.5 <sup>a</sup>	3435.9 ± 0.5 <sup>a</sup>	3435.0 ± 0.6 <sup>a</sup>	3434.7 ± 1.0 <sup>a</sup>	3430.2 ± 10.8 <sup>a</sup>	OH stretch (Ge), NH stretch NH bend
Amide B	3085.7 ± 2.9 <sup>a</sup>		3087.5 ± 1.9 <sup>a</sup>	3083.2 ± 0.6 <sup>a</sup>	3087.2 ± 1.6 <sup>a</sup>	3088.3 ± 1.9 <sup>a</sup>	3090.3 ± 4.9 <sup>a</sup>	
Amide I	2935.7 ± 3.8 <sup>b</sup>	2924.6 ± 0.5 <sup>c</sup>	2960.6 ± 1.3 <sup>a</sup>	2958.8 ± 0.0 <sup>a</sup>	2960.0 ± 0.7 <sup>a</sup>	2939.8 ± 2.5 <sup>b</sup>	2937.1 ± 1.9 <sup>b</sup>	CH <sub>2</sub> stretch CH <sub>3</sub> stretch
	2880.0 ± 0.7 <sup>b</sup>	2893.8 ± 3.3 <sup>a</sup>	2881.4 ± 0.3 <sup>b</sup>	2880.7 ± 0.1 <sup>b</sup>	2881.0 ± 0.4 <sup>b</sup>	2883.0 ± 4.7 <sup>b</sup>	2882.6 ± 0.4 <sup>b</sup>	
Amide II	1637.2 ± 1.0 <sup>c</sup>	1619.6 ± 2.1 <sup>d</sup>	1660.2 ± 3.3 <sup>ab</sup>	1660.5 ± 1.7 <sup>ab</sup>	1664.2 ± 2.3 <sup>a</sup>	1658.3 ± 0.4 <sup>b</sup>	1657.3 ± 3.2 <sup>b</sup>	C=O stretch, COO <sup>-</sup> coupled with H-bond, glycosidic link (Ge) CN stretch, NH bend
	1557.7 ± 3.3 <sup>a</sup>		1550.8 ± 2.7 <sup>b</sup>	1551.9 ± 1.3 <sup>b</sup>	1551.2 ± 0.5 <sup>b</sup>	1552.8 ± 1.0 <sup>b</sup>	1553.4 ± 1.5 <sup>b</sup>	
Amide III	1454.4 ± 1.3 <sup>a</sup>		1453.5 ± 0.9 <sup>a</sup>	1452.1 ± 0.5 <sup>a</sup>	1454.2 ± 2.2 <sup>a</sup>	1453.9 ± 1.7 <sup>a</sup>	1453.3 ± 0.3 <sup>a</sup>	CH <sub>2</sub> bend CH bend (Ge), COO <sup>-</sup> stretch CH <sub>2</sub> wag C–O stretch (Ge) NH deformation, CN stretch.
	1402.0 ± 1.8 <sup>c</sup>	1415.9 ± 0.7 <sup>a</sup>	1403.9 ± 0.8 <sup>bc</sup>	1403.8 ± 0.1 <sup>bc</sup>	1403.8 ± 1.2 <sup>bc</sup>	1403.0 ± 1.6 <sup>c</sup>	1405.4 ± 0.8 <sup>b</sup>	
	1339.5 ± 1.1 <sup>ab</sup>	1340.3 ± 0.2 <sup>a</sup>	1338.5 ± 0.2 <sup>ab</sup>	1338.0 ± 1.5 <sup>ab</sup>	1337.7 ± 0.4 <sup>b</sup>	1339.2 ± 1.5 <sup>ab</sup>	1339.5 ± 0.3 <sup>ab</sup>	
	1282.7 ± 2.6 <sup>b</sup>	1301.0 ± 0.3 <sup>a</sup>	1281.6 ± 0.5 <sup>b</sup>	1281.5 ± 0.1 <sup>b</sup>	1282.6 ± 1.9 <sup>b</sup>	1281.9 ± 0.2 <sup>b</sup>	1283.4 ± 0.4 <sup>b</sup>	
Fingerprint	1248.4 ± 11.7 <sup>a</sup>	1236.8 ± 0.2 <sup>b</sup>	1239.7 ± 0.4 <sup>ab</sup>	1240.2 ± 0.2 <sup>ab</sup>	1241.2 ± 0.1 <sup>ab</sup>	1241.1 ± 1.2 <sup>ab</sup>	1240.7 ± 0.7 <sup>ab</sup>	C–O stretch, skeletal stretch
	1162.5 ± 0.8 <sup>a</sup>	1155.3 ± 0.5 <sup>c</sup>	1162.3 ± 0.3 <sup>a</sup>	1161.1 ± 0.1 <sup>ab</sup>	1161.4 ± 0.7 <sup>ab</sup>	1160.2 ± 0.7 <sup>b</sup>	1154.3 ± 0.6 <sup>c</sup>	
	1082.8 ± 0.4 <sup>a</sup>	1077.0 ± 0.3 <sup>d</sup>	1082.1 ± 0.6 <sup>ab</sup>	1081.6 ± 0.0 <sup>b</sup>	1081.4 ± 0.3 <sup>b</sup>	1081.3 ± 0.4 <sup>b</sup>	1079.2 ± 0.6 <sup>c</sup>	
	1032.6 ± 0.1 <sup>d</sup>	1038.3 ± 0.4 <sup>b</sup>	1032.9 ± 0.4 <sup>cd</sup>	1032.8 ± 0.1 <sup>cd</sup>	1032.9 ± 0.3 <sup>cd</sup>	1033.6 ± 0.4 <sup>c</sup>	1046.9 ± 0.6 <sup>a</sup>	
	973.4 ± 0.2 <sup>c</sup>	993.4 ± 0.2 <sup>a</sup>	974.5 ± 0.7 <sup>bc</sup>	974.6 ± 0.1 <sup>bc</sup>	974.8 ± 0.4 <sup>bc</sup>	975.6 ± 1.1 <sup>b</sup>		
	937.5 ± 1.2 <sup>c</sup>	945.6 ± 0.5 <sup>a</sup>	937.6 ± 1.1 <sup>c</sup>	938.6 ± 0.7 <sup>c</sup>	938.9 ± 0.3 <sup>c</sup>	938.6 ± 0.3 <sup>c</sup>	940.3 ± 0.2 <sup>b</sup>	
	923.0 ± 1.0 <sup>ab</sup>	923.8 ± 0.2 <sup>a</sup>	922.2 ± 0.5 <sup>ab</sup>	920.9 ± 0.9 <sup>b</sup>	921.8 ± 0.2 <sup>ab</sup>	923.8 ± 2.0 <sup>a</sup>	922.8 ± 0.4 <sup>ab</sup>	
	872.4 ± 1.3 <sup>c</sup>	891.1 ± 0.1 <sup>a</sup>	872.6 ± 1.7 <sup>c</sup>	874.7 ± 0.6 <sup>bc</sup>	872.4 ± 1.2 <sup>c</sup>	872.7 ± 1.7 <sup>c</sup>	876.7 ± 2.4 <sup>b</sup>	
		837.1 ± 0.5						

\*Means with different lowercase letters within each column are significantly different ( $P < 0.05$ ) among different groups.

\*Description of the peaks was according to the reports of Noor et al. (2012); Sow and Yang (2015); Sudhamani et al. (2003).

\*FGe2, FGe4, FGe5, FGe7, and FGe9 refer to FG-Ge mixtures with mixing ratios (Ge:FG, w/w) of 0.5:99.5, 1:99, 2.5:97.5, 7.5:92.5, and 20:80, respectively.



**Fig. 6.** Schematic diagram illustrating (A) fish gelatin (FG), (B) gellan (Ge), (C) the FG-Ge complex coacervates formed by electrostatic interaction and (D) the progressive modification of FG with increasing Ge:FG (w/v) on the structure and rheological properties.

\*C<sub>0</sub> indicates the gelling concentration of Ge shown in Fig. S1.

$$J_v(\%) = 100\% - J_e(\%). \quad (13) \quad (\text{Sow et al., 2018a}).$$

FGe9 showed significantly lower  $J_e$  (%) and higher  $J_v$  (%) than rest of the samples, which could be attributed to the formation of a bi-continuous gel with Ge as the continuous phase. At the same ratio of KC to FG as in FGe9, a bi-continuous gel with low compliance value has been reported (Sow et al., 2018a). Overall, FGe4 showed a close match for the parameters  $J_0$ ,  $J_{\max}$ ,  $J_{m1}$ ,  $\eta_0$ ,  $J_e$  (%) and  $J_v$  (%) with those of PG. The FG-Ge gel was a more efficient potential replacer of PG with lower polysaccharide:FG (w/w) of 1:99 compared with 4:96 in the FG-KC gel

### 3.4. FTIR

The FTIR spectra and the positions of the absorption peaks are shown in Fig. 5A and Table 5. There was significant peak shifting of FG at 2936, 1637, 1558, 1162, 1082, 1032, 973, 937, and 872 cm<sup>-1</sup> compared with the FGe samples. The shifting in the fingerprint region (1162 cm<sup>-1</sup> and below) was largely caused by the contribution of Ge C–O and skeletal stretch from primary or secondary alcohol



(Sudhamani, Prasad, & Udaya Sankar, 2003), which was more pronounced at a larger ratio of Ge:FG (w/w). Amide I peak is useful in analysis of protein secondary structure, the position of amide I was affected by hydrogen bonding and protein conformation (Sinthusamran et al., 2014). The amide I peak was shifted to 1657–1664  $\text{cm}^{-1}$  in FGe samples, indicating more helix structure had formed (Sow & Yang, 2015). Meanwhile, the peak of amide II showed a low shifting of wavenumber to 1553–1550  $\text{cm}^{-1}$ , which might be caused by hydrogen bond formation to the CN or NH functional group (Sow et al., 2017).

The amide I peak was deconvoluted and peak fitted ( $R^2 > 0.99$ ). The component peaks were assigned to various secondary structures based on their position (Sow et al., 2017), the peak area (%) is shown in Fig. 5B. The helix to coil ratio can be used as an estimation of triple helix content (Sow et al., 2017), is shown in Fig. 5C. There were increases in the helix/coil ratio with Ge addition into FG, in the order of  $\text{FG} < \text{FGe2}, \text{FGe4}, \text{FGe5} < \text{FGe7}, \text{FGe9}$ .

### 3.5. Schematic model

Based on the results of sections 3.1 to 3.4, a schematic model was proposed to explain the modification of FG by Ge addition. Above the pI, FG was positively charged (6.7 mV) because of the  $\text{NH}_3^+$  functional group of the amino acids. When the temperature reduced, FG underwent coil to triple-helix formation with the aid of intermolecular hydrogen bonds to initiate gelation (Fig. 6A). While for Ge, the  $\text{COO}^-$  provided an overall anionic charged ( $-42.5$  mV) of the molecules, and a double helix was formed during molecular ordering of Ge (Fig. 6B). The positively charged FG and negatively charged Ge could associate to form complex coacervates via electrostatic interaction (Fig. 6C). Upon mixing of Ge and FG (Fig. 6D), at a low ratio of Ge:FG (w/w)  $\leq 2.5:97.5$  (FGe5), the increment in the strength of the gel ( $G'$ , J) was caused by the increased triple helix content. Excess FG that did not interact with Ge to form complex coacervates could be restrained using a lower amount of solvent, and increasing the effective concentration of FG, thereby increased the intermolecular association of FG into the triple helix. The physical properties of the gel were similar to those of FG when the continuous phase was FG. Increasing the Ge:FG ratio to  $\leq 7.5:92.5$  formed large complex coacervates, which led to an opaque and loose network structure (low  $S_g$ ,  $d_f$ ). When the Ge concentration was close to gelling concentration ( $C_0 \geq 0.167\%$ , w/v, Fig. S1), the network strength was supported by both FG and Ge, in which FG was the continuous phase ( $T_g$  similar to FG) in FGe5 and Ge was the continuous phase in FGe7 ( $T_g$  similar to Ge). A complete phase inversion occurred at a high ratio of Ge:FG (w/w)  $\geq 7.5:92.5$ . In the FGe9, complex coacervates almost completely disappeared or decreased in size, and a Ge continuous gel network was formed followed by an FG gel network. Therefore, the density of the network increased significantly (high  $S_g$ ,  $d_f$ ), the gel showed characteristics of Ge (low  $n_p$ ,  $J_e(\%)$ , high  $T_g$ ,  $T_m$ ,  $\eta_0$ , and  $J_v(\%)$ ).

### 3.6. Conclusion

Gellan modified the structure and physical properties of FG, depending on the mixing ratio. Maximum coacervate size and turbidity were observed at a Ge:FG (w/w) of 7.5:92.5, accompanied by phase inversion of the FG continuous phase into the Ge continuous phase when Ge:FG (w/w)  $\geq 7.5:92.5$ . At lower mixing ratios, the FG-Ge gel benefited from the excluded volume effect; where an increase in the effective FG concentration (caused by the repulsion effect of FG-Ge coacervates) and the amount of triple helix improved the strength and thermal stability of the gel, without drastic changes in appearance and physical properties of gelatin. Gels at 1:99 of Ge:FG (w/w) ratio matched the physical properties of PG, which suggested that this ratio could be an efficient replacement for PG. The Winter-Chambon law was successfully applied to the FG-Ge system, with the  $n$  value being reported for the first time in such a system.

## Acknowledgements

This work was funded by the Singapore Ministry of Education Academic Research Fund Tier 1 (R-143-000-A40-114), projects 31371851 and 31471605 supported by NSFC, and a project funded by Fujian Putian Sea-100 Food Co., Ltd. (R-143-000-633-597).

## Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.foodhyd.2018.12.006>.

## Abbreviation

BG	beef gelatin
CLSM	Confocal laser scanning microscope
FG	fish gelatin
FTIR	Fourier transform infrared spectroscopy
Ge	low acyl gellan
KC	$\kappa$ -carrageenan
PG	pork gelatin
$T_g$	gelling temperature
$T_m$	melting temperature

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